

National Day for Truth & Reconciliation



September 30, 2021, is the first National Day for Truth & Reconciliation in Canada. This is an important step in beginning the journey toward truth and the conversations needed to take action in support of building relationships between Canadians and Indigenous people, that are necessary in working toward reconciliation.

What can you do?

- *Determine at least one action you want to take toward learning the truths*
and / or
- *Identify an ongoing personal goal that will contribute positively toward reconciliation and outline a specific action you will start with*

Where do I Start?

1. Learn the land acknowledgment in your region or develop one of your own in consultation with local Indigenous communities.
 - Be sure to carefully consider your relationship to the land that you live on and the traditional territories of the Indigenous Peoples who were there for thousands of years before colonization.
2. Research the local First Nations, Inuit and Métis communities and the contributions they have made to your communities.
 - Share your knowledge and spread the word to engage others in the conversation about Indigenous Peoples' contributions to Canada and the world.
3. Find out if there was a residential school in your area by using the [CBC Beyond94 Residential School Map](#).
 - For more resources about residential schools visit the [Legacy Schools Resources page](#).
4. Listen to music made by Indigenous artists, such as Buffy Sainte-Marie, William Prince, Leela Gilday, Mimi O'Bonsawin and more!
 - Visit [ArtistAmbassador.ca](#) for more artists to include in your music rotation.
5. Study an Indigenous language—especially one that is spoken in your region.
 - Learn some common words and why it's important to appreciate and protect Indigenous languages.
6. Continue your learning journey by visiting DWF's [list of compiled resources](#).