



Psychology 11

Course Outline

What is Psychology 11?

Have you ever wondered.....why people have different personalities; what intelligence is and how it's measured; why one person is attracted to another; and why people dream and what dreams mean?

Psychology 11 is an introductory course that will address some of the above questions and more. This course will introduce some history of psychological thought, theories of motivation, emotion and personality as well as human development, learning theory, and social psychology. It will allow students to explore some of these topics from a Western World's point of view to various cultures, including an Aboriginal's view. This course works best for students who have an interest in learning about themselves, who have good writing skills, and who have the motivation and self-discipline to work independently. You will be working on self reflection writeups for each of the five units in this course.

Psychology 11 is a Board Authorized Course (BAA).....more general information about a BAA course can be found on this website:

http://www2.gov.bc.ca/assets/gov/education/kindergarten-to-grade-12/support/baa_requirements.pdf

The BIG IDEAS in the course are as follows:

Psychology provides tools for investigating meaning and foster understanding of human behavior.

Human thoughts and behaviour are diverse, varied, and affected by culture.

The field of psychology is broad and diverse. It encompasses many subfields and specialties in a variety of settings.

The study of psychology involves active thinking, questioning, and problem solving.

The BIG IDEAS (and Learning Standards*) can be achieved upon successful completion of the assignments/projects listed below:

Psychology 11 is comprised of 5 units. Listed below are the names of the units. A suggested time frame is provided in regards to the duration of each unit. The times are estimates only. In some cases, students with clearly defined goals can work ahead and finish early, while students who take 2 semesters will double the time per unit.

Introducing Psychology/History of Psychology (2 weeks): In this unit, you will learn about the history of psychology as well as how research in psychology is done. In addition, you will be introduced to some of the major contributors to the field of psychology.

Motivation and Emotion (3 weeks): This unit looks at the biological and psychosocial factors behind motivation and the theories related to emotion. You will also look at an Aboriginal's view on the use of creative art to help with our emotional well being.

Personality (3 weeks): In this unit, you will learn about what personality means, how we can measure certain personality traits that a person has as well as the different theories behind the development of personalities.

The State of Consciousness (2 weeks): In this unit, you will look at how sleeping, psychoactive drugs and alternate states of consciousness, like hypnosis, affect your consciousness.

Learning and Cognitive Processes (3 weeks): In this unit you will learn the different theories about conditioning and learning, specifically, classical conditioning, operant conditioning, social learning, and cognitive learning.

*Upon successful completion of the above units, you have succeeded in achieving the following learning standards:

- Understanding Psychology: what is psychology; goals of psychology; careers in psychology
- Psychological Research: identifying various methods/techniques used in psychological research; ethics in psychology; identifying schools of psychology: structuralism and functionalism; behaviorism, humanistic psychology, cognitive psychology, psychobiology
- General theories of motivation: understanding motivation; identify and explain the biological, and psychosocial theories; and interactionism
- Examine an Aboriginal's view on the use of creative art to help with our emotional well being
- General theories of emotion: identify and explain the James-Lange theory, Cannon-Bard theory, Schachter's Two-Factor theory; and apply the facial feedback hypothesis
- Analyzing Personality Assessment: how personality is measured; are personality measurements accurate; identifying the Big Five model; and evaluating trait theories
- Understanding the various personality theories: Freud's psychoanalytic theory, neo-Freudian/psychodynamic theories, humanistic theories, social/cognitive theories

- Identify and describe alternate states of consciousness: stages of sleep; theories on why we sleep and dream; various types of sleeping disorders
- Identify and describe drugs that influence consciousness: depressants, stimulants, opiates, and hallucinogens
- Differentiate between classical, operant, and observational learning
- Understand the role sensory and perceptual processes play in learning
- Identify and describe neuroscience and learning

Assessment Components:

Chpt. 01.....	20%
Chpt 01 Key Terms.....	1%
Chpt. 01 Main Ideas.....	4%
Chpt. 01 Project One.....	2%
Chpt. 01 Project Two.....	2%
<u>Self Reflection Writeup</u>	1%
Chpt. 01 Test.....	10%
Chpt. 13.....	20%
Chpt. 13 Key Terms.....	1%
Chpt. 13 Main Ideas.....	4%
Chpt. 13 Projects.....	4%
<u>Self Reflection Writeup</u>	1%
Chpt. 13 Test.....	10%
Chpt. 12.....	20%
Chpt. 12 Key Terms.....	1%
Chpt. 12 Main Ideas.....	4%
Chpt. 12 Projects.....	4%
<u>Self Reflection Writeup</u>	1%
Chpt. 12 Test.....	10%
Chpt. 05.....	20%
Chpt. 05 Key Terms.....	1%
Chpt. 05 Main Ideas.....	4%
Chpt. 05 Projects.....	4%
<u>Self Reflection Writeup</u>	1%
Chpt. 05 Test.....	10%
Chpt. 06.....	20%
Chpt. 06 Key Terms.....	1%
Chpt. 06 Main Ideas.....	4%
Chpt. 06 Projects.....	4%
<u>Self Reflection Writeup</u>	1%

Chpt. 06 Test.....10%

Learning Resources:

Text: *Psychology in Action*, Karen Huffman, 7th Edition, 2004.

Selected websites.

General Comments:

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Students should be aware that Psychology 11 will be dealing with very sensitive and mature topics. Each topic should take approximately 3 – 4 weeks per completion.

a) HOW CAN I HELP YOU:

If you're unsure of what to do; or if you need help with the work; or if you need help with the research projects; etc....pls. feel free to contact me via email or phone @ 1 888 346 5245 ext. 2225

b) HOW CAN YOU HELP ME:

One of the keys to success to my Ebus courses has been the communication factor between myself and my students/parents either by telephone or email; hence, it's important that I have a current contact number or email address from you. Staying in contact helps me to adjust your timeline for completion of the work if needed. So, pls. email me either your current contact number and/or email address then.

Office Hours:

With the many technological devices that are readily available these days, getting in touch with me will not be a problem either by phone or email. (Likewise, when I need to contact you, I'll be doing the same either by phone or email then.) Hence, my office hours are pretty flexible. With technology today, you'll be able to get a hold of me anytime any day. I may not get back to you right away but will get back to you within a reasonable time period.