



Theory and Principles of Ice Hockey 10

Course Outline

Activating the Course:

You will be considered “active” in Theory and Principles of Hockey (TPH) once you have completed 20 hours of ice hockey or hockey related activities. These activities could include dryland sessions, hockey practice, or games. When you reach this threshold in the course, the remainder of the course will become available to you.

Substantive feedback regarding your progress and understanding of the material, and a mark representing your achievement to date will be reported in “THRESHOLD Completion and Feedback”.

Course Overview:

TPH 10 takes focus on the sport of hockey. 50% of the course will consist of hockey and/or hockey related activities. The other half of the course will look at off ice factors that affect the game of hockey. There are suggested readings and websites for each topic. There are learning logs, and written assignments to measure learning.

Suggested Timelines:

In One Semester (5 months) – Double this for Two Semesters (10 months):

Unit 1: Activity Logs In this unit students use the provided log sheets to monitor their hockey and hockey related activities. Students will turn in logs after they have completed 20 hours, once every 4 weeks	16 weeks
Unit 2: Goal Setting Students will set a hockey goal, if possible, at the beginning of the course. To complete the course, they review their goal and state whether they were successful.	1-2 weeks
Unit 3: Character	1 week

Student will look at someone in his or her lives who is a role model. What traits do they possess that you aspire? What makes them a “solid character”	
Unit 4: Nutrition Students will monitor their diet for 7 days. They will create a pre and post-game menu for themselves for optimal performance.	1-2 weeks
Unit 5: Choice Students will pick between 2 choices. Students will review their own skating and evaluate it. Alternatively, they will attend a game, analyze the game, and give the coach feedback.	1-2 weeks

Course Materials

Materials will be teacher made for learning or activity logs. Websites will be used for other assignments are given in each assignment when needed.

The prescribed learning outcomes for this course as outlined in the BAA course for Nechako Lakes SD91.

Assessment Information

Start up and Activity hours (50%)

Activity logs are available on the course site. Students complete the activity and upload the sheet. Once the hours are marked, feedback is on each of the assignments.

Hockey related assignments (50%)

These assignments are directly from the course site. Students should use the resources provided to assist them with the assignment. Once they are completed, assignments are submitted for marks. Marked assignments are viewed with feedback in their gradebook.

When students are not meeting the learning outcomes/ falling behind

Students who are not meeting the learning outcomes of the course will be provided with feedback and another opportunity to demonstrate sufficient learning of the outcomes when experiencing difficulty. Parent contact will be made if a student is not meeting the learning outcomes for the course or for a large portion of the course. If deemed necessary, contact with the student’s home school may occur to help determine a solution.

Students falling behind in a manner where it does not appear they will complete the course within a year will be sent reminder emails. Online gentle reminder emails (OGRE) are also sent to parents. Without a response or renewed efforts in the course, they student may be assigned an F or withdrawn. Should they begin actively working in the course, the student may be given an alternate completion date.

Expectations of Students

- Adhere to the EBUS Academic Integrity Policy
- Contact your teacher when help is needed
- Review feedback from assignments
- Work to complete the course in a timely manner
- Communicate respectfully
- Review weekly progress reports

Reporting to Parents

There are 4 term report cards that can be viewed or downloaded from the student dashboard. A notice will go out when these report cards are available.

Every week that EBUS is in session, the teacher will send out weekly progress reports showing the student's progress throughout that week. These progress reports are emailed to parents.

When Help is Needed:

Your teacher will be available Monday to Friday; if you are having trouble with anything, please contact your teacher right away. Full teacher contact information is listed in the online course. Your teacher will make every effort to respond quickly and may provide additional written/verbal instruction, a recorded video with help, alternative material or relevant websites.

Marty Floris (email): mfloris@sd91.bc.ca