

## Motor Skills Development Checklist

Teachers may periodically use this checklist to monitor a student's perceptual/ motor skills development.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Participates in activities designed to improve perceptual/motor skills	Yes	No	Comments
<ul style="list-style-type: none"> <li>is increasing speed; e.g., runs fast</li> </ul>			
<ul style="list-style-type: none"> <li>reaction time is improving, e.g., stops when signalled by a bell or clap</li> </ul>			
<ul style="list-style-type: none"> <li>agility is improving; e.g., dodges a ball</li> </ul>			
<ul style="list-style-type: none"> <li>large muscle coordination is improving; e.g., skips, gallops</li> </ul>			
<ul style="list-style-type: none"> <li>small muscle coordination is improving; e.g., strings beads,</li> </ul>			
<ul style="list-style-type: none"> <li>uses muscles for self-help skills; e.g., zips jacket, ties shoes</li> </ul>			
<ul style="list-style-type: none"> <li>is developing eye-hand coordination; e.g., throws a ball at a target, catches a bean bag, assembles a puzzle, cuts with scissors</li> </ul>			
<ul style="list-style-type: none"> <li>is developing eye-foot coordination, e.g., kicks a ball</li> </ul>			
<ul style="list-style-type: none"> <li>is developing awareness of body in space; e.g., finds a space on the floor where no one else can be reached</li> </ul>			
<ul style="list-style-type: none"> <li>is beginning to be aware of laterality; e.g., twirls other hand, raises other foot</li> </ul>			
<ul style="list-style-type: none"> <li>directionality is developing; e.g., moves forwards, backwards, sideways; and over, under, through, inside, outside and around objects</li> </ul>			
<ul style="list-style-type: none"> <li>changes direction with ease</li> </ul>			
<ul style="list-style-type: none"> <li>is developing kinaesthesia; e.g., touches knees with eyes closed</li> </ul>			
<ul style="list-style-type: none"> <li>demonstrates good posture</li> </ul>			
<ul style="list-style-type: none"> <li>is developing balance; e.g., hops on one foot, walks on low balance beam, walks with bean bag on head</li> </ul>			
<ul style="list-style-type: none"> <li>is beginning to sequence; e.g., claps four times, then jumps</li> </ul>			